Save the Date!

Empty Bowls 2019
2/24/19 1-4pm
1240 NE 127th St
Join us for our 10th annual Empty Bowls Silent Auction Fundraiser on Sunday, February 24th, from 1:00-4:00pm at St. Matthew’s Parish in north Seattle. Buy your tickets in advance today, as we expect this year’s Empty Bowls to sell out.

Care to Share the Love
2/7/18 - 2/14/18
12513 Lake City Way NE
Kaffeeklatsch will be selling heart-shaped sugar cookies and donating some of the proceeds to support feeding and housing our neighbors in need. Order your cookies from any barista at Kaffeeklatsch when you go in for your daily cup!

Stay in Touch

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Empty Bowls is a unique event including a gift of a hand-crafted bowl for every guest, and meals including soup from local restaurants, salad, bread, and dessert.
There will be beer, wine, and live music. This year, the big board raffle will feature a few marquee items which a lot of people will be eager for the chance to win. We expect about 300-350 people to enjoy Empty Bowls with its entertainment and silent auction.

We look forward not just to the silent auction and the day’s events, but also to see you and other valued community members. As we enjoy the day, we think of our neighbors and the work at North Helpline, helping our neighbors stay warm in their homes and have food to eat.

Each year, the organizations who sponsor the event help Empty Bowls to be a success. So far, our committed sponsors include Puget Sound Hospitality, Hilleberg Tents, Union Bank, UnitedHealthCare, and Meadowbrook Community Center. Thank you!

North Helpline is excited to host the 5th annual Empty Bowls silent auction fundraiser on Sunday, February 24th, from 1:00-4:00pm at St. Matthew’s Parish in north Seattle. Empty Bowls is a great way to support the Parish in north Seattle (1240 NE 127th St in Seattle). Empty Bowls is a great way to support the Parish in north Seattle (1240 NE 127th St in Seattle).

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2018 was another impactful year at North Helpline. Every week, over 1,700 people accessed our services in order to be fed and stay housed. We are able to sustain this work because so many people in the community worked together to provide help to our neighbors in need. Each individual who supports North Helpline makes a difference, including people from community groups, businesses, and faith-based organizations. We look forward to 2019, continuing to make sure our neighbors have food on the table and a roof overhead. All year round, it is tremendously meaningful to help others obtain the basic needs that affirm their human dignity and worth.

Here is an overview of some major events from 2018:

Last January, the closing of Sam’s Club presented a significant loss, because at the time we were receiving almost one quarter of our food from the store. Over the course of the year, we strove to fill the gaps at the food bank. Through our resourcefulness and the hard work of our volunteers and community partners, we rose to the occasion to sustain a high volume of food for every household, because ALL of our neighbors deserve to have a consistent, reliable supply of fresh, nutritious options like meat, dairy, and produce. We will continue to work towards that goal.

Last February and March, after a successful Empty Bowls, we increased our community outreach to spread the word about the Bitter Lake Food Bank. We are proud to serve over 200 people in Bitter Lake every week, and we hope that more people living in poverty and on fixed incomes in our community will learn about our services and turn to North Helpline for help. While our food bank in Lake City has a much larger capacity (over 1,500 people per week), we know that Bitter Lake and the surrounding area is also a place of need.

April was volunteer appreciation month, and we can only begin to scratch the surface thanking so many dedicated volunteers! In the year of 2018 over 35,000 hours of volunteer service were donated! That is why we set aside the whole month to highlight volunteers and the many roles they fill. One program that grew in 2018 is the Home Delivery Program, in which volunteers packed special boxes and delivered food to 50 people who are homebound. In May, on Mother’s Day, we held a successful baby cupboard drive to replenish supplies, including diapers, wipes, formula and baby food. Increasing our hygiene supplies was a particular point of emphasis in 2018, because having these vital household items is so important to our neighbors.

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ToY DiSTRiBUTiON aND HOLiDay CHEER

We had a tremendous outpouring of support from the community when we sent out the call for help to get gifts. Not only did our friends bring us toys, but you also spread the word and we got to meet many new faces who are now part of the North Helpline family.

Everyone helped make the holidays all the more special for parents, grandparents, and kids.

415 children received gifts during North Helpline’s toy distribution at Journey Church!

Everyone who donated toys and gifts made a real difference, helping spread the holiday cheer.

In fact, you did such an awesome job responding to our need; after our distributions we were able to send our left over toys to Treehouse, a nonprofit supporting kids in foster care.

We would like to give a shout out to everyone who donated gifts for making the toy distribution special. One business that surprised us by being particularly supportive in December is Bob’s Lake City Liquors. First, in early December, with particular support in December is Bob’s Lake City Liquors. First, in early December, with particular support in December is Bob’s Lake City Liquors.

Thank you to everyone who donated toys and gifts to make this special distribution possible. We can’t wait to see what 2019 brings!